

Schedule of Events • Sunday



SUNDAY – September 25, 2016 – Fairgrounds open at 9 a.m., close at 5 p.m.

Keynote Speaker: 11 am – Michael Ableman: Street Farm; Growing Food, Jobs, and Hope on the Urban Frontier / The Common

	Farming, Gardening, Forestry	Livestock	Cooking, Herbs, Health & Whole Life	Environment, Community & Education	Traditional Arts, Fiber & Fleece	
ALL DAY	Antique Windlass /Glenn DeWitt, Maine Antique Tractor Club/AT To 12:00: Seed Swap /EH	Oxen Demos /LL Ox Cart Demo /LL Draft Horse Show /SR			Stoneworking Demos /Maine Stoneworkers Guild/Stone Workers Spinning, Carding, Wool Prep Demos /Wednesday Spinners/WS Fleece Sale /FT	
9	Tree ID and the Maine Woods /Kevin Doran, Maine Forest Service/LIF Tent 9:15: Answers to Your Organic Certification Questions /Katy Green, MOFGA Certification Services Staff/MOFGA Tent 9:30 to 10:30: Directional Tree Felling With a Chainsaw /Tim Libby, Veggies for All/LIF	Basic Grooming & Daily Care for Your Draft Horse /Megan Phillips, Chewonki Farm/RP		Easy Tyre Repair /Fred Robie/BV	Foraging Walk for Traditional Food & Medicine /Michael Douglas, Maine Primitive Skills School/FA-1 To 12:00: Blacksmithing Demos /Blacksmiths/BS 9:30 to 10:00: The Earth Loom & Its Purpose /Susan Merrill/WS	
10	Answers to Your Organic Vegetable Questions /Eric Sideman, MOFGA, & Mark Hutton, UMaine Coop. Extn./MOFGA Tent Beginning Seed Saving for the Home Gardener /James Ulaeger/Windsor Garlic Planting Demo /Tom Vigue, KiwiHill/NO Getting Started with Bees /Lincoln Sennett, Swan's Honey/HL Home Firewood Production /Kirk Niese, Niese Forest Works LLC/Woodlot Mowing w/ & Sharpening the European Scythe /Richard Scott, Scythe Supply/Meet at booth in F&H Soil Structure & Fertilization for Beginning Gardeners /Felicia Newman, Coast of Maine Organic Products/Litchfield 10:45 to 11:45: Log Twitching w/Draft Animals /LIF	10:00 - Ongoing: Plowing & Harrowing /Teamsters & Drovers/FP Got Milk? Get Your Goats! /Lisa Reilich & Margaret Mae Reilich Godino, Painted Pepper Farm/S&G Barn How to Use a Drum Carder /Nina Blauvelt, Blue Field Farm/S&G Barn Introducing Horses to Your Children /Tracey Wilkerson, Gould Academy/RP Raising Heritage Pigs for Meat /Mary Thompson, Bean's Corner Farm/Pigs Sheep Dog Demo /David & Colin Kennard, John Simmons, Wellscroft Fence Systems/SD The Reality of Raising Your Own Meat /Wendy Russell, Widdershins/Barn 3 To 5:00: Highland Cattle Farming /Stanley Maynard, Orchard Hill Farm/Barn 3 10:00 - Ongoing: Horse-drawn Rides /William Thayer, Darthia Farm/LL	Delicious Vegetable & Mushroom Broths & Reductions /Richard Tory/CKD Homebirth: A Cultural Background /Jill Breen CPM, Midwives of Maine/HH Yoga Basics /Beth Jones, Beth Jones Yoga/WLT To 12:00: Cooking w/Cannabis /Catherine Lewis, Homegrown Healthcare of Maine/CKD	New American & Native American Farming in Maine /Jonah Fertig, Cooperative Maine – Cooperative Dev. Inst./SPA People-powered Bike Parade: Celebration of Wheeled Mobility /BV Poetry Reading /Gary Lawless, Gulf of Maine Books/Russell's Poetry Grove New Masonry Heater Products & Emission Testing /Albert Barden, Maine Wood Heat Co./Inc/ES To 4:00: Various Bicycle Demos /BV	Awareness Skills Class /Michael Douglas, Maine Primitive Skills School/FA-1 Color-grown Organic Cotton: Color by Nature /Vero Poblete-Howell, BA0BAB Organics/VST Sharpen Your Knife Class /Christopher Knapp, Kovishuvik Local Living School/FA-1 Color-grown Organic Cotton: Color by Nature /Vero Poblete-Howell, BA0BAB Organics/VST Sharpen Your Knife Class /Christopher Knapp, Kovishuvik Local Living School/FA-1 Spinning Dogbane & Other Bast Fibers /Michelle Finn/WS 10:00 - Ongoing: Bow Drill Fire Making /Kroka Expeditions/Woods 10:00 - Ongoing: Bread on a Stick Workshop /Kroka Expeditions/Woods 10:00 - Ongoing: Spoon-making Workshop /Kroka Expeditions/Woods	
11	Advanced Seed Saving /Will Bonsall, Khadighar Farm/Windsor Growing Grapes in Maine /Jerry Rodman/Litchfield Homesteading for the Whole Family /Elizabeth Siegel, Heritage Home Farm/F&H Restoration of the American Chestnut /Brian Roth, Maine Chapter of The Amer. Chestnut Fdn./LIF Tent Spraying the Home Orchard /John Paul Rietz, Fedco OGS/HL To 12:30: Rigging for Directional Tree Felling /Robert Riversong, Riversong House/Wright/LIF	Fun, Freedom & Connection w/Horses /Chris Lombard, Chris Lombard Horsemanship/RP Hands-on Sheep Care /Thomas Hodgman, Waldoview Farm/S&G Barn Plants Poisonous to Horses /Roberta Manter, Oak Hill Farm/LS	Herbs for Physical & Emotional Ease During Pregnancy /Mischa Schuler, Wild Carrot Herbs/HT From Conflict to Connection /Peggy Smith & Leah Boyd, Maine MNC Network/HH What is Yoga? /Beth Jones, Beth Jones Yoga/WLT	Simple Tyre Repair /Fred Robie/BV Transforming Conflict /Leah Boyd, Maine MNC Network/SPA Designing & Building a Small House /Jim Bahoosh – Builder/ES	Beginning Knot Tying Class /Noah Dudley/FA-1 Campfire Cooking: Donuts /Lisa DeHart, Bear & Otter Canoe Trips/FA-1 Penobscot Dolls /Wendy Hamilton/MIBA Working Dog Team Demo /Polly Mahoney & Kevin Slater, Mahoosuc Guide Service/FA-1	
12	Deciphering Food Labels /Jacomijn Schraevande-Gardei & Katy Green, MOFGA/MOFGA Tent Community Transformation Through School Gardens /Carolyn Wason & Glen Widmer, Walker Elementary School/Windsor Forestry as if the Climate (& Future) Mattered /Robert Penschel, Lee Burnett, Mitch Lansky/LIF Tent Intro to Vermicomposting /Mark Follansbee, WormMaine/F&H Mowing w/ & Sharpening the European Scythe /Richard Scott, Scythe Supply/Meet at booth in F&H Permaculture: Designing Perennial Polycultures /Jesse Watson, Midcoast Permaculture Design/HL Soil Block Making /Tom Vigue, KiwiHill/Litchfield To 1:30: Judging & Tasting Lacto-fermented Foods /EH	4-H Goat Showing & PB Sandwich Game /Lisa Reilich & Margaret Mae Reilich Godino, Painted Pepper Farm/SR Calming the Nervous Horse /Peter Hagerty, Peace Fleece/RP Meat my Goat: Meat Goat Q&A /Ramona Small Stinson, Small's Dairy Farm/Barn 3 Sheep Dog Demo /David & Colin Kennard, John Simmons, Wellscroft Fence Systems/SD Sheep in Maine: Resources & Opportunities /Clare Thomas-Pino/LS 12:30 to 1:30: Care & Delivery of Newborn Lambs /Thomas Hodgman, Waldoview Farm/S&G Barn 12:30 to 1:30: Reaping & Binding Oats /Teamsters & Drovers/FP	Apitherapy: Health & Healing w/Bee Products /Ross Conard, Dancing Bee Gardens/HH Herbal Adaptogens /Deb Soule, Avena Botanicals/HT Totem Animals /Eva Goulette, Dancing Jaguar Inspirations/WLT	Bikes, You & World Change Forum /BV Biodiesel 101: Heat & Transportation /Alex Pine, Maine Standard Biofuels/ES Women 2019 /Phyllis von Herrlich, Radio Free Maine/SPA		
1	Answers to Your Organic Livestock Questions /Diane Schivera, MOFGA/MOFGA Tent Restoring Heritage Wheat /Eli Rogosa, Heritage Wheat Conservancy/Windsor Farming is the Answer: The Community-Scale Permaculture Farm /Joshua Trought, D Acres Permaculture Farm/Litchfield Directional Tree Felling w/a Chainsaw /Tim Libby, Veggies for All/LIF Doing the Work We Love With Longevity in Mind /Lao Gillam, Domaco/F&H Fermented Drinks: Kombucha, Mead & Cider /Eli Cayer, Urban Farm Fermentory/HL Mowing w/ & Sharpening the European Scythe /Richard Scott, Scythe Supply/Meet at booth in F&H What to Look for When Purchasing an Older Tractor /Glenn DeWitt, Maine Antique Tractor Club/AT To 4:00: Sawmill Demos /Nick Zandstra, Knock-On-Wood SawWorks/LIF Mill 1:30 to 2:30: Timber Tax Workshop /Jim Norris, SWOAM/LIF Tent Using Green Manures in the Garden or on the Farm /Eric Sideman, MOFGA, & Marianne Sarantonio, UMaine/50	Before You Can Ride or Drive Your Horse /Roberta Manter, Oak Hill Farm/Barn 5 Raising Marketable Fleece /Jodi Clayton, One Lupine Fiber Arts/FT Learning to Twitch & Log w/Your Horse /Cathy Heffernan, Hackmatack Farm/RP Using Guardian Animals & Farming w/Carnivores /Jan Dohner, Farm Dogs & Livestock Guardians/LS 1:30 to 3:30: Log Scooting Contest & Oxen Teamsters Award /LL	Art HOPE: The Ways to Creative Wellness /Laura Jaquays, Art HOPE/HH Human Factors & Ergonomics of the Owl Stool /Geoffrey Warner, Owl Furniture/HH Invasive Plants as Medicine /Jillian Kelsey-Rose, Ursa Herbal/HT To 3:00: Seafood Throwdown /Niaz Dorry, Northwest Atlantic Marine Alliance/CKD	Building Community w/Solar Energy /Hans Albee, ReVision Energy/RC A Guaranteed Living Income: A Green Party Discussion /Gil Harris, Maine Green Independent Party/SPA Bike Fit /BV Wood Pellets for Today & Tomorrow /Scot Bubier, Maine Woods Pellet Co/ES How to Do a Home Funeral /Chuck Lakin/FA-2	Braid a Mug Rug Class /Bobbie Mahler/FA-2 Felting Class /Kathleen Gerdes/FA-2 Foraging Walk for Traditional Food & Medicine /Michael Douglas, Maine Primitive Skills School/FA-1 Process Acorns Into Flour /Christopher Knapp, Kovishuvik Local Living School/FA-1 Work Basket Demo /Gabriel Frey/MIBA To 4:00: Blacksmithing Demos /Blacksmiths/BS	
2	Sustainable Year Round Agriculture /William Giordano & Mark Hevas, Valley of The Stars Farm/Litchfield Craft Brewing in Maine /Abraham Lorrain, Funky Bow Brewery & Beer Co./HL Edible Landscaping /Tom Vigue & Jack Kertesz/SO How to Make a Monkey Fist & Other Useful Knots /Jane McMichen, The Fisherman's Family/F&H Making Wine from Fruits & Flowers /Jim Cornish, Stone Soup Institute/Windsor Tour the Tables w/FEDCO's Vegetable Expert /CR Lawn, FEDCO Seeds/EH Your Legacy – Planned Giving/Major Gifts to MOFGA /Chris Hamilton, MOFGA/MOFGA Tent 2:15 to 3:15: Log Twitching w/Draft Animals /LIF 2:30 to 3:30: Working Forest Conservation Easement Program /Jim Norris, SWOAM/LIF Tent	Choosing a Horse/Vehicle to Drive /Roberta Manter, Oak Hill Farm/RP How to Extract Lanolin From Raw Wool /Nina Blauvelt, Blue Field Farm/S&G Barn Sheep Dog Demo /David & Colin Kennard, John Simmons, Wellscroft Fence Systems/SD The Basics of Breeding Your Own Pigs /Mary Thompson, Bean's Corner Farm/Pigs 2:00 - Ongoing: Planting a Cover Crop /Teamsters & Drovers/FP	Sahaja Yoga Meditation /Jerry Mayfield, Sahaja Yoga Meditation/HH Ten Common Culinary Herbs From Your Spice Rack /Aline Potvin/HT	Beyond Right Relationships: A Journey of Healing /Jamie Bissonette Lewey, New England Yearly Meeting (Quakers)/SPA Net Zero Homes /Phil Kaplan, BrightBuilt Home/ES People-powered Bike Parade: Celebration of Wheeled Mobility /Fred Robie/BV	Advanced Knot Tying Class /Noah Dudley/FA-1 Felting Class /Kathleen Gerdes/FA-2 Make a Drop Spindle /Gabriela Montoya Eyerman/Woods Sew a Leather Pouch Class /Christopher Knapp, Kovishuvik Local Living School/FA-1 Wood-Splitting Demo /Jeffrey DeHart, Bear & Otter Canoe Trips/FA-1 Working Dog Team Demo /Polly Mahoney & Kevin Slater, Mahoosuc Guide Service/FA-1	
3	Maine Rice Project /Samuel Rooney, Wild Folk Farm/Litchfield How to Make a Rope Basket /Jane McMichen, The Fisherman's Family/F&H Q&A Meetup for Beginning Farmers /Daniel MacPhee, MOFGA/MOFGA Tent Study: Effects of Non-NPK Soil Amendments /John Paul Rietz, Fedco OGS/HL What Forests & Prairies Can Teach Us /Will Bonsall, Khadighar Farm/Windsor	One-Minute Horse Training /Roberta Manter, Oak Hill Farm/Barn 5 The Beginning w/the Horse /Chris Lombard, Chris Lombard Horsemanship/RP Turkey 101 /Dana Manchester, Shady Hollow Farm/LS	Embrace Your Spirit Helpers /Annie Stillwater Gray/WLT Maine Tree Medicine /Nathaniel Petley, ND, Maine Assoc. for Naturopathic Doctors/HT What is Mindfulness? /Paul Sullivan/HH	Labor Song Sing-a-long /Cynthia Phinney, Maine AFL-CIO/SPA Striking the Balance: Fresh Air Ventilation & Energy Recovery /Kurt Johnson, Fresh Air Ventilation Inc/ES Free Money: Building Resilience w/Time Banking /Stacey Jacobsn, Time Initiative of Maine T.I.M.E./SPA Local & Green Energy Options /Hazel Onsrud, Maine Green Power/ES	Carve a Wooden Spoon Class /Christopher Knapp, Kovishuvik Local Living School/FA-1 Felting Class /Kathleen Gerdes/FA-2 Friction Fire Class /Michael Douglas, Maine Primitive Skills School/FA-1 Felting Class /Kathleen Gerdes/FA-2	
4	Medicinal Plants in an Edible Landscape /Jillian Kelsey-Rose, Ursa Herbal/Litchfield					

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For schedule changes, see the online Fair schedule at MOFGA.org and the Information Kiosks at the Fair.

Keynote Speaker

Sunday, September 25
11 a.m., The Common

Michael Ableman, farmer, author, cofounder and director of Sole Food Street Farms

When done well farming not only feeds individuals and communities and nourishes the land, but it can also heal broken lives by providing meaningful work and a sense of belonging.

Sole Food Street Farms is an urban agriculture social enterprise that trains and employs people from North America's original "skid row" who are managing long-term addiction, material poverty and mental illness. Considered one of North America's largest urban agriculture projects, Sole Food employs 30 people and produces 25 tons of food each year on large parking lots using an innovative moveable box system.

Michael Ableman, cofounder and director of Sole Food Street Farms, is one of the early visionaries of the urban agriculture movement. He has created high-profile urban farms in California and British Columbia; has worked on and advised dozens of similar projects throughout North America and the Caribbean; and he founded the nonprofit Center for Urban Agriculture. He is the subject of the award-winning PBS film "Beyond Organic." His books include "From the Good Earth," "On Good Land," "Fields of Plenty" and the newly released "Street Farm – Growing Food, Jobs, and Hope on the Urban Frontier."

Patrick Holden, founding director of Sustainable Food Trust, says, "Michael Ableman is an innovator extraordinaire whose projects have a track record of benchmarking new models of best practice. He is one of the handful of inspiring visionaries on the planet who are redefining our future food systems."

Ableman now lives and farms at the 120-acre Foxglove Farm on Salt Spring Island in British Columbia. Hear about his 40-year agricultural journey from rural fields to urban hardships where his work is now salvaging land and lives.



Michael Ableman

Featured Speakers

Josh Trought

Inspired by Helen and Scott Nearing, Josh Trought has worked since 1997 as a founder and director of D Acres of New Hampshire Permaculture Farm and Educational Homestead, a farm-based, community-service, 501(c)(3) organization. In that time, D Acres has become widely known for tree houses, pig tractors, expansive gardens, outreach programs and facing the challenges of communal living. Nestled on the slopes of the White Mountains among the cellar holes and stone walls of abandoned farms, D Acres is a thriving center of activity. Integration of recreational opportunities, permaculture, pig power, food forest and no-tillage principles has created fertility and abundance, regenerating a localized economy. On-site residential programs and community outreach provide a portal to nourish people with hands-on, face-to-face, farm-to-plate experiences. The project is documented in the book "The Community-Scale Permaculture Farm" (Chelsea Green, 2015). Trought will discuss the evolution of land usage and social structures designed to perpetuate place-based livelihoods for forthcoming generations. He will be speaking in the Litchfield Tent on Sunday at 1 p.m.



Josh Trought

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Jan Dohner

Jan Dohner, author of "Farm Dogs and Livestock Guardians," has 35 years of experience on her small family farm and has relied on livestock guard dogs and corgis with her sheep, goats and poultry. She will speak about "Using Guardian Animals and Farming with Carnivores" in the Livestock Speakers Tent on Saturday at 2 p.m. and Sunday at 1 p.m.



Jan Dohner

Dohner will cover the contemporary use and success of livestock guardians – dogs, llamas and donkeys – including the pros and cons of each, how to choose the best fit for your farm, basic to advanced training and problem solving. Since dogs are the primary choice as livestock guardians, she will emphasize the livestock guardian dogs (LGDs), including differences among breeds, selecting a good prospect and finding a good breeder.



The only organic foot race in Maine! The race is on Sunday at 7:30 a.m. and is open to runners and walkers of all ages. Register at MOFGA.org or on site on the morning of the race, from 6:30 to 7:30 a.m. Details at MOFGA.org.

Activities & Music

Amphitheater

10:30 a.m. Steamboat Gypsy – folk & bluegrass
Noon Caroline Cotter – songs of community & natural beauty
1:30 p.m. NEW RELM – off-the-grid roots music
3:00 p.m. Bold Riley – acoustic folk

Children's Area

9:30 a.m. Maine Energy Education – solar, wind, electricity hands-on demo
9:30 a.m. Paper Bull Puppet Company – Paper Bull Puppet Company Touch Table
10:15 a.m. Dress for the Garden Parade
10:30 a.m. Garden Parade (arrive 15 min. early to dress)
12:15 p.m. Zoe Cat/Make & Take Sock Poi with Zoe Cat
2:15 p.m. Dress for the Garden Parade
2:30 p.m. Garden Parade (arrive 15 min. early to dress)

Games

10:00 am Harry S. Truman Manure Pitch – Basket Fill Distance
2:00 pm Harry S. Truman Manure Pitch - Basket Fill Accuracy

Maine Folk Traditions Stage

10:00 am Fiddlers' Showcase
Noon Sacred Harp Shape Note Singers – shape note singing
1:00 p.m. Storytelling Hour
2:00 p.m. Mark Brandhorst – learn to play spoons class
3:00 p.m. Family Contradance with John McIntire and Friends

Russell's Poetry Grove

10:00 a.m. Gary Lawless, Gulf of Maine Books – poetry reading

Roving

Greg Boardman and Friends – acoustic songs of love & protest
Putnam Smith – old world troubadour
Stan Davis – songs of country living
Steamboat Gypsy – folk & bluegrass

Spotlight Stage

10:30 a.m. Katherine Rhoda – folk music & vintage instruments
11:45 a.m. Stan Davis – songs of country living
12:45 p.m. Greg Boardman and Friends – acoustic songs of love & protest
2:15 p.m. Putnam Smith with Seth Yentes – old world troubadour
3:30 p.m. Jim Gallant Solo – fingerstyle guitar and a rich baritone

Sunflower Stage

9:30 a.m. Pepen Studios/Music Together – music and movement for all ages
9:30 a.m. Music and Magic Maine – instruments, crafts & activities
11:00 a.m. Song Dog Puppeteers present "Little Song Finds Her Voice"
1:15 p.m. Katherine Rhoda – folk music & vintage instruments
3:00 p.m. Music and Magic Maine/Enchantment Camp – sing and dance with Amanda Panda

Fiddlers' Showcase

Sunday, 10 a.m., in the Maine Folk Traditions Tent – Sign up at 9:30 am

Individuals of all ages and experience are invited to perform in the Fiddlers' Showcase, and teachers are encouraged to bring students to play as a group. We'll have Junior and Senior categories. For more information, contact Fiddlers' Showcase coordinator John McIntire, 323 Crosby Brook Rd., Unity, ME 04988; 207-568-7597; circleleft@uninets.net.

